



Referral Guidelines for Professionals

headspace Joondalup provides a free, youth-friendly service for young people aged 12-25 in the key areas of:

- mental health and wellbeing
- family support
- physical health
- alcohol and other drugs
- vocational, educational and employment

The aim is to reach young people at an early stage in the development of mental health issues well before crisis point, undertake a thorough assessment and respond appropriately by providing a brief intervention and links into relevant services. If a young person has more moderate to severe mental health concerns or a number of complex issues occurring concurrently, please direct them to appropriate specialist or tertiary services.

headspace Joondalup **is not an acute mental health service**. If you have any immediate concern for the safety of a young person direct them to the accident and emergency department at the nearest hospital, or dial 000 in an emergency.

General practitioners (GPs), allied health, school and other community-based professionals can refer young people using the **headspace** Joondalup Referral Form. Referrals should include as much information as possible and the young person must consent for the referral to proceed. GPs can include a mental health care plan (if applicable) for the young person and forward with the Referral Form.

Fax: 9301 0859

Email: info@headspacejoondalup.com.au

All referrals will be processed by the Duty Officer between 9.00am and 4.30pm, Monday to Friday. The referral is not accepted until the Duty Officer has made contact with the referrer or young person and arranged an initial assessment. **headspace** eligible clients may experience a wait for their first appointment due to demand for service.

If you require further information about making a referral to **headspace** Joondalup please call the Duty Officer any time between 9.00am and 4.30pm.

Phone: 9301 8900